

#### GWINNETT COUNTY BOARD OF COMMISSIONERS

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> Nicole L. Hendrickson, Chairwoman Kirkland Dion Carden, District 1 Ben Ku, District 2 Jasper Watkins III, District 3 Matthew Holtkamp, District 4

#### Official Informal Presentation Minutes

Tuesday, February 4, 2025 - 11:00 AM

Present: Nicole L. Hendrickson, Kirkland D. Carden, Ben Ku, Jasper Watkins III, Matthew Holtkamp

#### 1. Board of Commissioners

View Point Health – Centerville OneStop Play Therapy & Resilience Training Program Play Therapy Director, Gloria Juliao, and Clinician, Annie Stewart, provided the Board an overview of the Centerville OneStop Play Therapy & Resilience Training Program. No official action taken.

## **Centerville OneStop**

Play Therapy and Resilience Training Program



## Hello, Everyone!

Gloria Juliao, Ed. S, LPC, NCC, RPT-S<sup>™</sup>, CPCS, ACS, BC-TMH is the Director for Play Therapy for View Point Health and has in-depth professional experience working with children, adolescents, and families in English and Spanish ranging from 2 to 18-year-olds. Gloria's theoretical approach is a combination of Adlerian conceptualization and Child-Centered skills. Gloria served in the role of Vice President for Georgia Association of Play Therapy since May of 2022 and as of July 2024 she serves as the President.





### **Our Clinical Staff**









Irene Bautisia Lopez, MS, LPC, NCC Team Lead

Annie Stewart, MS, APC, NCC Clinician

Lakisha Pitts-Donaldson, LMSW Clinician

Jasmine Young, MS, APC, NCC Clinician



### **Our Support Staff**







Maisie Kokoschke, BS Program Assistant

Erika Turcios-Galvez, BA Community Support Individual

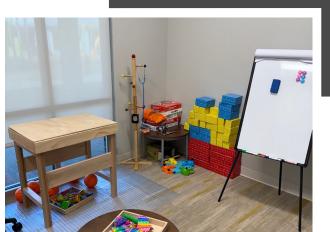
Carolyn Redmond Care Coordinator















**Our Facilities** 

## **Our Program**

#### Treatment

Children aged 0-17, with a focus on children who have experienced trauma, using evidence-based modalities like CPP, CCPT, TF-IPT, TF-CBT, and others!

#### Training

Hub for Internship.

- C&A Internship training
- RPT and RPT-S supervision pathways
- Designated space for live observation

#### Community

Giving back to the community by providing;

- Kinder Training for Early Childcare Teachers
- Supporting and transitioning clinicians into the workforce



## **Our Main Modalities**

#### Child-Centered Play Therapy

A developmentally responsive, playbased mental health intervention for young children ages 3 to 10. CCPT utilizes play, the language of children, and therapeutic relationship to provide a safe, consistent therapeutic environment in which a child can experience full acceptance, empathy, and understanding from the counselor and process inner experiences and feelings through play and symbols

- The University of North Texas

**Filial Therapy** 

A modality for caregivers and children ages 3-11 years old in which the caregiver uses CCPT skills to become the change agent for the child and form healthy attachments.

#### Child-Parent Psychotherapy

A dyadic modality for caregivers and children ages 0 - 6 designed to break intergenerational trauma cycles and support healthy attachment between caregiver and child.

View Point Health Education. Prevention. Stabilization. Treatment. Recovery.

# VPH is the <u>only</u> Georgia CSB that is an approved provider and trainer for Play Therapy!





APT Approved Provider 21-637

#### **CSI Services**

Supporting clients outside of therapy through skill building and community support!

- Community-based reinforcement of skills learned in therapy
- Identifying needs to support client and family's overall health and functioning





# **Group Therapy**

Our program aims to support parents, C&A, and other VPH centers by providing group therapy for our younger clients and their caretakers who are ready to participate in social and group learning.

- Positive Parenting
- Child-Centered Group Play
  Therapy
- Trauma-Focused Integrative Play Therapy

- Adventure Therapy
- Filial Therapy
- Emotional Intelligence Group Therapy



### **Clinical Readiness Pathway**

# Equipping clinicians with practical tools to promote healing & build resilience.

- Specialized education and training beyond coursework and theory
  - Immersive learning with access to real-time observation of techniques



### **Clinical Supervision**

isn't a checkbox -lt's an art

- Highly trained clinical supervisors walk alongside clinicians, offering personalized guidance
  - Interactive exploration of case complexities and ethical dilemmas through a trauma focused, multicultural lens



## **Collaborating with the Community**

Establishing partnership with local and surrounding community agencies.

**Kinder Training** 

• Easterseals

**Technical Assistance (Consultation)** 

- Easterseals
- Advantage

Service Provider

• Mosaic

**Referrals** 

- GCPS
- Mosaic
- Mercy Care
  - DFCS
  - GRN



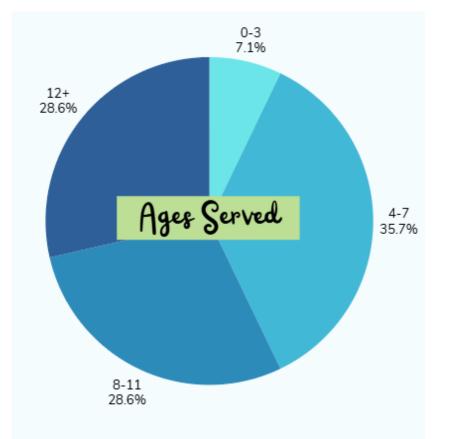
View Point Health Education. Prevention. Stabilization. Treatment. Recovery.

## Who are we serving?

#### Our rapidly growing program is currently serving:

- 35 individual clients
- 5 sets of siblings
- 62 caregivers
- 3 community partners
- Clinical supervision for over 10 clinicians
- 5 languages spoken

(Romanian, Spanish, English, Russian, Urdu)



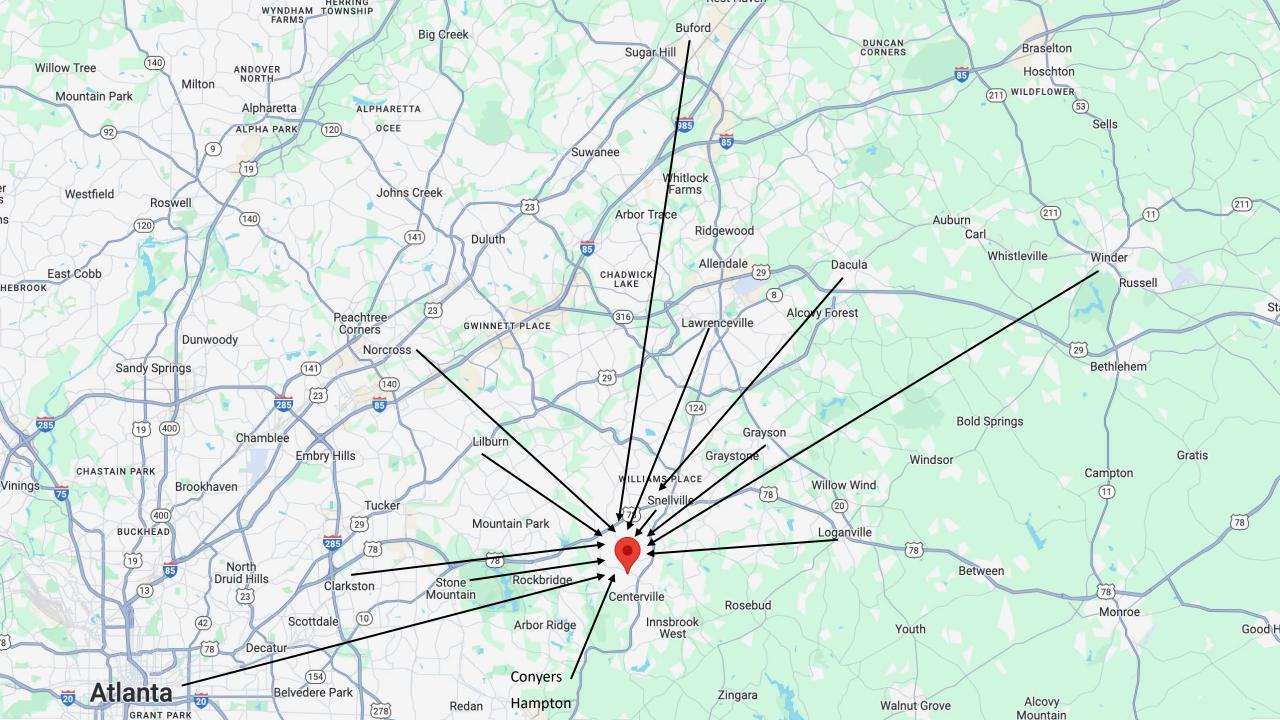


## **Types of Trauma Treated**

- Physical, Emotional, and Sexual Abuse
- Neglect
- Attachment Disturbance
- Traumatic Immigration

- Transgenerational Trauma
- Community Violence
- School Violence
- Homelessness
- Domestic Violence





### **Play Training Program**

Play is a child's natural language; therefore, we are seeking to train VPH clinicians and clinicians across Georgia in Play Therapy. Our goal is to train as many clinicians as possible in this powerful modality. We believe doing so will create increased healing and resiliency for families statewide.

In 2025, we are offering 7 play trainings for a total of 42 possible Play **Therapy CEUs!** 



### **Play Training Program**

# Our Training Program began in 2020 and has been steadily growing since.

Last year we trained 269 clinicians across 6 open trainings.

We also hosted multiple in-service training opportunities for VPH clinicians such as: Group Play Therapy, Filial Therapy, C&A Treatment Planning, and TF-IPT.



#### **Play Training Staff**





Annie Stewart, MS, APC, NCC Play Trainor



Stephanie Looper, M.Ed, LPC, RPT™ Play Trainor

Gloria Juliao, Ed. S, LPC, NCC, RPT-S™, CPCS, ACS, BC-TMH Director of Play



Tamara Varnado, LCSW



Irene Bautista Lopez, MS, LPC, NCC

**Play Trainor** 



### **RPT/RPT-S<sup>™</sup> Timeline**







# Play Therapy & Resilience TRAINING PROGRAM



# Empowering Caregivers with Filial Therapy through a Culturally Sensitive Lens (6 CE) Gloria Juliao, Ed.S, LPC, NCC, RPT-S <sup>M</sup>, CPCS, ACS, BC-TMH

Mariana Brady Shively, MA LPC, RPT-S™, CPCS

February 7, 2025 & April 25, 2025

#### Video Games in Play Therapy (6 CE)

Stephanie Looper, M.Ed, LPC, RPT ™ Irene Bautista Lopez, MS, LPC, NCC

#### February 27, 2025, July 11, 2025, & October 2, 2025

#### Doing Child-Centered Play Therapy (6 CE)

Gloria Juliao, Ed.S, LPC, NCC, RPT-S™, CPCS, ACS, BC-TMH Annie Stewart, APC, MS, NCC March 3, 2025, June 4, 2025, & September 25, 2025 Trauma in Play Therapy (6 CE)

#### Gloria Juliao, Ed.S, LPC, NCC, RPT-S™, CPCS, ACS, BC-TMH Annie Stewart, APC, MS, NCC

May 8, 2025, August 7, 2025, & November 19, 2025





Adlerian Play Therapy (6CE)

Stephanie Looper, M.Ed, LPC, RPT™ Irene Bautista Lopez, MS, LPC, NCC March 21, 2025, June 12, 2025, & September 5, 2025

Advanced Play Therapy (6 CE) Gloria Juliao, Ed.S, LPC, NCC, RPT-S™, CPCS, ACS, BC-TMH

Annie Stewart, APC, MS, NCC April 2, 2025, July 18, 2025, & October 21, 2025

### Cultivating Hope: Playful Approaches for Depression Across the Life Span (6CE)

Irene Bautista Lopez, MS, LPC, NCC Tamara Varnado, LMSW December 3, 2025

For more information about Play Therapy Training, please contact us at

#### playtraining@vphealth.org



### Looking to the future...

The training team's goal is to create a standardized curriculum and exceptional internship program that will allow clinicians across the state to successfully pursue their RPT<sup>™</sup>.



### **VA Families**

Children of veterans are often an overlooked intergenerational trauma population.

In the future, the clinical team would like to be able to support these families and the unique difficulties they face.



#### **Prevention**

Finally, the Centerville team would like to focus on prevention.

A person with 4 or more Adverse Childhood Experiences (ACEs):

- 2.5x the risk of Heart Disease
- 4.5x the risk of depression
- 12x the risk of suicide
- A person with 7 or more ACEs:
- Triple the risk of lung cancer
- 3.5x the risk of heart disease

Life expectancy for individuals with ACE score of 6 or more is 20 years shorter than individuals with a score of 0.

Prevention efforts can significantly reduce the risk of later physical and mental health conditions throughout Georgia's population.



Burke Harris, N. (2021). *The deepest well: Healing the long-term effects of childhood trauma and adversity*. Mariner, an imprint of Harper Collins Publishers.



#### **Any questions?**



### **Thank You**

#### "You can discover more about a person in an hour of play than in a year of conversation" - Plato



#### **Contact Details**

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