## **Centerville Senior Center**

## February 2017 Highlights

Every Wednesdays: 9:30am – Grocery shopping

First and third Monday: Drum Therapy

February I – Wednesday: Benevolent presentation, Trivia

**February 3 – Friday:** Devotional with Ms. Woods, Music with John Cox, Mrs. Louise's 100<sup>th</sup> Birthday Celebration

February 6 – Monday: Eating Better on a Budget by UGA Extension, Drum Therapy

February 7 – Tuesday: Qi Gong with George

February 10 – Friday: ACT by Edith Wilson

February 13 – Monday: Catch Up to Fitness by ARC, Music Therapy with Laura Lenz

**February 14 – Tuesday:** Arts and Crafts with Kim, Blind Date with a Book by Centerville Public Library

February 15 – Wednesday: Field trip to APEX Museum (Center closed)

**February 17 – Friday:** Devotional with Ms. Woods, Music with Mr. C, Celebrate February Birthdays

February 20 – Monday: Center closed in observance of President's Day

February 21 - Tuesday: Qi Gong with George

February 22 – Wednesday: Field trip to Martin Luther King Center (Center closed)

February 24 - Friday: Zumba with Maggie, Relaxation Meditation with Mr. Huy

February 27 – Monday: Inspiration with Molly T, Bingo

February 28 - Tuesday: Qi Gong with George

## **Center closed on Thursdays**

Transportation: For same-day transportation cancellations, please call 678.209.2430 by 6:30am.