

Buford Senior Center – March 2013 Highlights

Monday through Friday: 1:15pm – Canasta and other games

Mondays, Wednesdays, and Fridays: 9:30am to 10:30am – Rummikub

Mondays: 9:30am – English class; 9:30am – Scrapbooking, Book Study; 10:00am – *Rummikub

Tuesdays: 10:00am – Jewelry class. Cost \$1 for supplies; Moments to remember;

1:30pm – Senior Bowling League at Oasis

Every second Tuesday: 11:00am – Nurturing Arts program

Tuesdays and Thursdays: *New – In partnership with Fitness 1440, we will have fitness at their location. First 13 to sign up.

Thursdays: 10:00am – Crafts. Cost: \$1 for supplies

Fridays: 9:40am – Qi Gong workshop

March 4 and 25 – Mondays: *Rummikub contest with prizes for winners

March 4 and 25 – Mondays: Video/Book Study by Henry T. Blackaby

March 4 and 18 – Mondays: *New: 1:00pm Acrylic Paint class: First 8 to sign up

March 5, 12, 19, and 26 – Tuesdays: Moments to Remember: Small group for ladies

March 7 – Thursday: Information on diabetes and foot care by Jim Wardrop

March 8 – Friday: Site Council breakfast fundraiser. Bring money to buy biscuits. Trip to Free Chapel for Senior's Wisdom Club luncheon. No cost. First 13 to sign up.

March 15 – Friday: Tips on Nutrition presented by Ines Beltran. St Patrick's Day Party with Marge Swint and Marie Dunkle. Prizes for top 3 costumes.

March 18 – Monday: BSC closed. Pig Party with Norcross Senior Center at George Pierce Park. Sign up to attend. Cost: \$3.

March 19 – Tuesday: Better Eating Habits presented by Britney.

March 20 – Wednesday: Site Council meeting.

March 21 – Thursday: Music by Frank Allen

March 22 – Friday: Trip to Real Deal store in Jefferson. First 13 to sign up. Cost: \$2. Please bring your own lunch.

Monday 25 – Monday: Red Hat Ladies visit to Lake Springs and shopping at Queen of Hearts Antique store and Hobby Lobby. First 13 to sign up. Cost: \$2

March 26 – Tuesday: Karaoke party. Birthday Bash to celebrate March birthdays

March 27 – Wednesday: Keeping your Brain Healthy, presented by Kimberly Parker.

March 28 – Thursday: "You Bet Your Life", presented by George Eng.

March 29– Friday: Egg hunt

Transportation

For same-day transportation cancellations, please call 770.971.1940 or 770.971.1775 before 6:30am. All transportation reservations must go through the center manager and not directly to transportation.

March Birthdays

Nell Buhler 3/1

Peggy Collins 3/14

William Dorrett 3/11

John Jones 3/7

Melli Giles 3/18

Wilma Neizen 3/1

Lois Solomon 3/6

James Talbot 3/8

Lois Valentine 3/14